

Vital Harmony Therapeutic Massage

Michelle S Krause LMT
Severna Park MD 21146
410-703-2144

Name _____ DOB _____

Address _____ City/State/Zip _____

Primary Phone _____ Secondary Phone _____

Email _____ (your email will not be shared)

How did you hear about us? _____

Occupation _____ Employer _____

Emergency Contact _____ Phone _____

Reason for today's visit? _____

Have you ever had a professional massage before? Yes _____ No _____

Are you pregnant or trying to get pregnant? Yes _____ No _____

If yes, how far along are you? _____

PLEASE MARK IF YOU HAVE/HAD ANY OF THE FOLLOWING CONDITIONS

Heart Conditions

High Blood Pressure

Vascular/Blood Disorders

Skin Disorders

Immune Disorders

Stomach Disorders

Diabetes

Cancer

Respiratory Disorders

Arthritis

Allergies/food/products

Back or Chest Aches

Broken Bones

Headaches

Neck/Shoulder Pain

Sciatic Pain

Wear Contacts

TMJ

Edema

Breast Augmentation

Radiation/Chemo Treatments

Name _____

__Allergies/scents _____ __Herniated/bulging discs _____ If yes, when? How long? _____

__Do you smoke? _____ Do you drink alcohol? _____ Drink caffeine? _____

Exercise/stretching habits? _____

How many times a week? _____ Duration _____

Please advise of any other health care professionals you have seen for this condition

Do you take any prescription medication? _____ If yes, please list _____

Do you have any other medical issues including past surgeries or injuries that I should be aware of before administering massage therapy? If yes, please indicate

Please read the following, initial and sign below:

__Be aware that our Licensed Massage Therapist has a wide variety of Advanced Training. Techniques to be used include Myofascial Release, Trigger Point, Swedish, Visceral Manipulation, Manual Lymphatic Drainage, Craniosacral Therapy (CST), Somato Emotional Release (SER), Muscle Energy Techniques, Range of Motion, Stretching, Pregnancy massage, Neuromuscular, Hot Stone, Himalayan Salt Stone, Medical Massage

__Body part to be treated include face, intraoral, neck, scalp, shoulders, arms, hands, back, buttocks, hip flexors, legs and feet. Therapists may treat muscles of the chest and ribcage, however they do not engage in massage of the breast tissue.

__This information will be treated confidentially in compliance with HIPAA Privacy Rules

__Our massage therapist utilizes only conservative training during your session. If I feel uncomfortable for any reason, I may ask to end the session.

